

College of Education and Health Professions
 2009 Kinesiology Concentration III - Applied Exercise Science
 124 hours
University Core Requirements

English (0-9 hours)
 ___ ENGL 1013 Composition I
 ___ ENGL 1023 Composition II
 ___ ENGL 2003 Advanced Composition
or
 ___ ENGL 2013 Essay Writing

Social Sciences (9 hours)
 ___ PSYC 2003 General Psychology
 ___ _____
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Sciences (8 hours)
 ___ BIOL 1543 Principles of Biology
 ___ BIOL 1541L Laboratory
 ___ CHEM 1103 Univ. Chemistry I
 ___ CHEM 1101L Laboratory

Math (3 hours)
 ___ MATH 1203C College Algebra

U.S. History (3 hours)
 ___ HIST 2003 U.S. History to 1877 **or**
 ___ HIST 2013 U.S. History since 1877
or
 ___ PLSC 2003 American National Government

Fine Arts/Humanities (6 hours)
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Major Requirements

Literature (3 hours)
 ___ _____
 (recommend WLIT 1113)

Communications (3 hours)
 ___ COMM 1313 Fundamentals of Communication

Math (3 hours)
 ___ MATH 1213 Plane Trigonometry

Psychology (3 hours)
 ___ PSYC 3023 Abnormal Psychology

Sciences (16 hours)
 ___ BIOL 2443 Human Anatomy
 ___ BIOL 2441L Laboratory
 ___ BIOL 2213 Human Physiology
 ___ BIOL 2211L Laboratory
 ___ CHEM 1123 University Chem. II
 ___ CHEM 1121L Laboratory
 ___ PHYS 2013 College Physics I
 ___ PHYS 2011L Laboratory

Counselor Education (3 hours)
 ___ CNED 3053 The Helping Relationship

Human Environmental Science (3 hours)
 ___ HESC 1213 Nutrition in Health

Health Science & Fitness (7 hours)
 ___ HLSC 1103 Personal Health & Safety
 ___ PEAC 1621 Fitness Concepts
 ___ HLSC 3633 First Responder - First Aid

Electives (18-21 hours chosen from below or advisor approved)
 ___ KINS 2393 Prev. & Care of Athletic Injuries
 ___ HLSC 2662 Term. For Health Prof.
 ___ HESC 2203 Nutrition for Exercise & Sport
 ___ RECR 3873 Sport & Rec. Risk Mgmt.
 ___ HLSC 3683 Health Care Consumerism
 ___ HLSC 4603 Appl. of Health Behavior Theories
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Kinesiology Applied Exercise Science

KINS Core Requirements (9 hours)
 ___ KINS 2223 Motor Development
 ___ KINS 3153 Exercise Physiology*
 ___ KINS 3353 Mechanics of Human Mvt*

Exercise Science (18 hours)
 ___ KINS 2733 Seminar in Ex. Science
 ___ KINS 3533 Laboratory Techniques*
 ___ KINS 4323 Analytical Basis of Movement
 ___ KINS 4773 Performance and Drugs
 ___ KINS 4833 Exer Apps for Spec Pop
 ___ KINS 4903 Internship **OR**
 ___ KINS 405V Independent Study **OR**
 ___ HNED 4003H Honors Edu/Thesis**

*Students must earn a grade of "C" or better in this course.
 ** Only for students completing COEHP Honors Program

Prerequisites exist for several courses. It is the student's responsibility to check the course description in the catalog of studies or ISIS.